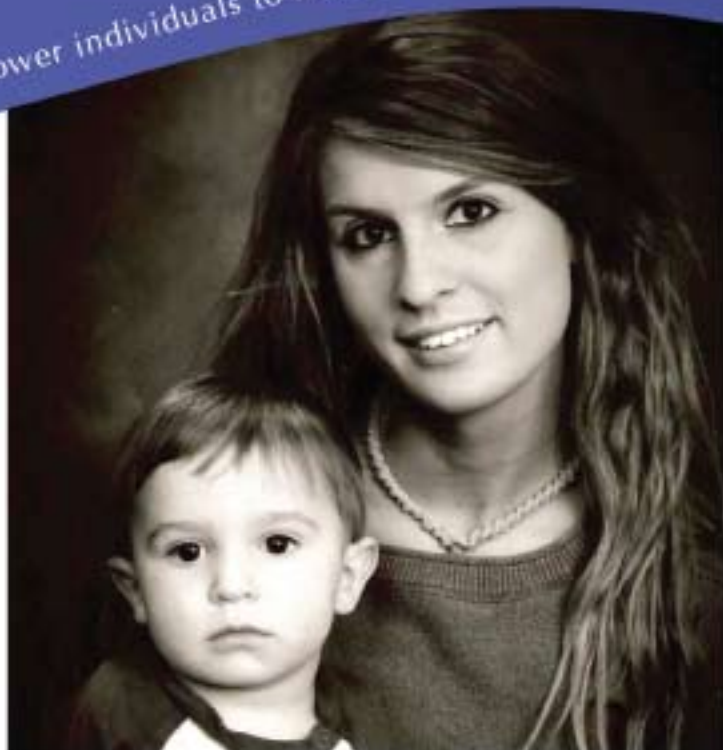


Providing education and health services to empower individuals to make life affirming choices.

## NORA'S

## Story

FIRSTCHOICE CLINIC IS GRATEFUL TO THIS WONDERFUL WOMAN FOR SHARING HER STORY AND ALLOWING US TO SHARE IT WITH ALL OF YOU.



“I was facing a positive pregnancy test. At the time I felt like if there was one more thing to go wrong, this was it. Immediately I contacted my boyfriend who, without hesitation, told me we should have this child aborted. He didn't even give me time to realize or be happy I was pregnant. It was not a time for celebration. He researched and found a clinic in Fargo that would perform the procedure and instructed me to contact them as soon as possible. Two weeks passed before I got an appointment. By the time I could get in I would be twelve weeks pregnant, almost completed with my first trimester.... When I arrived in Fargo, I was greeted by people on the sidewalk outside of the clinic. It was almost too much. I was crying and ashamed to be entering this cold, dark place. I filled out paperwork and went downstairs where they gave me a sonogram to approximate the age of the fetus. The technician did not allow me see the picture, as if what I was carrying with me was not a reality. At this point I decided to leave...



My boyfriend and I took a walk but someone caught up to us. It was one of the girls from the sidewalk, Alexa. She said she could take us to a clinic where they could help us discuss our options. We went to FirstChoice. The atmosphere was completely different- it was bright and friendly. They offered to give me a sonogram to determine the age and health of my baby and even printed me a picture of the little one. They also counseled me on my options and educated me on what I should be doing at that point in my pregnancy.

It didn't matter to them how we had gotten there, just that they could care for us and help us during a difficult time. For the first time, I felt excited about my growing baby.

In February of 2007 my son Sheldon was born. He weighed 8 pounds and 6 ounces, a big boy, and was welcomed into the world by my family. I entered parenthood without Sheldon's dad who has still been absent, but my experience as a mom could not be greater. Sheldon has saved my life, taken me out of the dark shadows I was once amongst. I have become a stronger, healthier person to his credit. I continue school in Colorado and will graduate after five years of study in 2011 after which I plan to pursue a graduate program. In December of 2008, Sheldon and I accepted a marriage proposal to an amazing guy from my hometown. We plan to become an official family after I graduate.

If it weren't for FirstChoice Clinic and Alexa, who referred me there, I am not sure I would have such joyous news to report to you today. I can not imagine my life without Sheldon. I am honestly not sure that I would be living, if it wasn't for him. I am eternally grateful for all of the support I have received from both FirstChoice and Alexa over the past two and a half years. I know that I am among many who have been touched by their work. I hope that they can continue in their mission in 2009 and beyond.”

To read Nora's entire testimony go to [www.teamfirstchoiceclinic.com](http://www.teamfirstchoiceclinic.com).

# BANQUET UPDATE



**C**elebrating 25 years of its life-saving and life-changing ministry, FirstChoice Clinic welcomed over 800 people to its annual fundraising banquet on March 2 at the Holiday Inn, Fargo.

Former abortion provider, Carol Everett, keynoted the event. Everett spent six years selling and overseeing 35,000 abortions at four facilities in Texas. Following a conversion experience, she founded The Heidi Group, a non profit operating pregnancy resource centers in Dallas. The evening also featured an inspiring testimony from client, Nora Lee (front page article). Nora's 2-year old son, Sheldon was present and together they received a standing ovation following her time of sharing. The banquet set a fundraising record - \$135,000 - that will directly support the work of FirstChoice Clinic! The clinic is grateful for underwriters who generously underwrote the cost of this event.

*Pauline and FirstChoice Clinic -*  
I want to thank you for the honor of speaking at your banquet. I hope I did okay. It's obviously still an emotion-stirring topic for me but I found it very therapeutic to share my story. The support and love I felt was amazing and the spiritual presence afterwards continues to be comforting. Thank you so much for everything you have done for my family. Your work is so amazing words cannot express my gratitude.  
With love and on behalf of Nora Lee, baby Sheldon, Scott Johnson and my parents Norman and Claudia Lee

## THANK YOU BANQUET UNDERWRITERS

### Major Sponsors (\$2,000 +)

Dakota Medical Foundation  
Duane's House of Pizza  
Human Life Foundation  
Northwestern Mutual Financial Network, *Pat Gores, Managing Partner*  
Olson Legatt Roofing, Inc., *Neil Legatt*  
Scott and Michelle Nelson  
Gate City Bank, *Steve Swiontek, Chairman, President & CEO*  
State Bank and Trust, *Richard Solberg, CEO*  
Dr. Emmet and Diane Kenney  
Tom and Tracey Frei

### Other Sponsors:

Matt and Jo Ann Butler  
Catalyst Medical Center, *Susan M. Mathison, MD, Lesley Soine, MD*  
Catholic Aid Association  
IdeaOne Telecom  
Johnston Family Foundation  
Alan and JoAnne King  
Liberty Business Systems  
Maurice and Joy McCormick  
John J. Pollard, DDS  
Trandem Automotive Services, *John Trandem*  
Dick and Jo Ellen Solberg  
Dr. Donald and LeAnn Zogg  
*Additionally, thanks to anonymous supporters*

## BOARD MEMBER *Spotlight*



Marilyn Loegering is the newly elected President of FirstChoice Clinic's Board of Directors.

When asked why Marilyn chooses to serve on the Clinic's Board of Directors she stated, "I have always been prolife and pray one day our country and the world will be too. FirstChoice Clinic has mirrored my beliefs by presenting the prolife message actively and strongly in our community. FirstChoice Clinic reaches out in a nonjudgmental manner to all who may be hurting, confused, scared or isolated. It has been an honor to be a part of FirstChoice Clinic."

Marilyn Loegering, Loegering Mfg., Inc., *Founder and CEO (retired 1999)*

*Thank you Marilyn for your leadership at FirstChoice Clinic - may you be richly blessed!*

## FIRSTCHOICE BIDS *Farewell*

to Board Member Pastor Jim Levitt

Pastor Jim Levitt has served faithfully on the board of directors for the past two years. In March, Jim and his wife Marsha moved to Story City, Iowa where he will serve as the teaching pastor at Harvest E-Free Church.



*We thank Pastor Jim for the contributions he made to FirstChoice and wish him God's continued grace and blessings.*

# LAKE REGION NEWS

We would love to share the great life affirming work that is happening at Lake Region FirstChoice Clinic – If you would like to visit the clinic or need a speaker for community or school meeting – please call Pam at (701) 662-2229.

## Thanks TO THE GUARDIAN ANGELS OF LAKE REGION!

All donations received from the Lake Region area are used to support the Devils Lake FirstChoice Clinic satellite center. The administrative center in Fargo handles the processing of their letters and receipts, assisting the satellite site in Devils Lake on their road to becoming self-sufficient. Dollars raised from the Lake Region are used there; there are no administrative fees. All of the gifts of time, talent and treasure given by the Lake Region go directly to help people in their region. At present, 12% of the Devils Lake budget comes from the Lake Region area and it's growing! The remaining 88% comes from generous donors (guardian angels!) outside of the community. We thank all Devils Lake area donors for their support of THEIR FirstChoice Clinic!

## NETWORKING IN THE *Lake Region*

Thank you to the following groups for the opportunity to share about the good work of FirstChoice Clinic – Lake Region:



Pam Kenner,  
Lake Region Director

- Lake Region Safe Communities Coalition meeting
- Community Fair booth at Lake Region State College
- Radio interview with Renae Chmiel WDAZ TV
- Senior high youth students at St. Joseph Church
- Teen Maze for 8th grade students from Fordville, Edmore and Devils Lake (approx 210 students attended)
- Presentation to Catholic Daughters St Joseph Catholic Church
- Family Resource Networking Meeting at Chamber of Commerce



7th and 8th grade Religious Education classes from Saint Joseph Catholic Church toured FirstChoice Clinic during their Wednesday evening class time. The students were able to view a live ultrasound performed by Dr. Heidi Bittner. 3rd year medical student, Katrina Gardner was also in attendance. Special thanks to "patient" Sam!

## VOLUNTEER FEATURE *Eileen Herman*



"I started volunteering at the FirstChoice clinic in Devils Lake this past fall as a client educator in the Earn While You Learn program one day a week. I am so excited the Clinic is here - The more I learned about the services offered at FirstChoice, the more I liked the clinic and the life affirming message it has as its foundation.

I have been married to my husband Reg for 27 years and we live on the Herman home farm by Brinsmade. We have 5 children - 4 currently in college - 1 at UND and 3 at NDSU. Our youngest daughter, Mylie, a 7th grade at Leeds High School, was born in China. Reg and I spent 2 weeks in southern China 12 years ago and adopted her. In addition to volunteering at FirstChoice, I am involved teaching Sunday school and helping with youth group at Bethel Evangelical Free Church in Devils Lake."

## *Quotes* FROM LAKE REGION CLIENTS

- "Great help and great information was provided"
- "I felt comfortable explaining my situation. The nurse was very good at telling me all I needed to know"
- "I am thankful this program was here for me when it was. I didn't know what I was going to do"
- "I like how nice and friendly the people are and how cool the ultrasound is"

# MAKE A *Sound Choice*

BY KAY KIEFER



**F**irstChoice Clinic and Make a Sound Choice remain committed to encouraging healthy, positive decision-making among youth. However, parents remain the most critical element in their children's sexual decision-making. So, as a parent, what can you do?

- Talk to your own kids early and often. Visit our website [www.makeasoundchoice.com](http://www.makeasoundchoice.com) for help
- Model healthy relationships in your own life
- Visit with the Health or FACS (Family & Consumer Science) teachers in your district to let them know about the Make a Sound Choice program
- Keep informed about how state and federal elected officials are voting on issues regarding sexual integrity
- Ask for your name to be added to our mailing list to receive printed and/or e-news from our office



There are youth in our communities that are at increased risk for making decisions that will negatively impact their lives. Refugee and immigrant youth are among those at increased risk. MSC has recently forged a partnership with Charism in Fargo to provide after-school programming for adolescent refugee girls at Discovery Middle School. The project got off to a great start this spring and plans are being made to expand the program to a second school, as well as to adolescent refugee boys! Stay tuned for updates on this program.

The youth and young adults in the Fargo-Moorhead community have recently shown the strength of their character as they helped to battle the rising floodwaters across our region. We are blessed to have such a rich resource of youth leaders among us. Thank you for your generous gifts, which will provide support for our positive youth development program. Your support in these challenging times is so appreciated.

## *Do Mighty Things*

GIVING HEARTS DAY A HUGE SUCCESS!

**F**irstChoice Clinic raised \$78,129 on February 12th through Dakota Medical Foundation's (DMF) "Giving Hearts Day". Adding in DMF's matching gift and incentive first place award, over \$100,000 was raised to support the ministry of FirstChoice! This incredible outpouring of financial support serves as a testament to the kind, caring, and generous people of North Dakota, Minnesota, and beyond.

In a Letter to the Editor published in the Fargo Forum on February 22, executive director, Pauline Economon noted, "In a time of fear and unknown regarding our economy – DMF hosted its second Giving Hearts Day – which, I would venture to guess, became one of this region's largest fundraisers in history.



It was just another day at the office for DMF, another day of supporting our area's non-profits by helping them effectively solicit funds to keep their doors open and their missions on track. DMF has supported non-profits by offering them sustainability training over the past several years. Area non-profits are empowered as a team to energize their communities at a grassroots level and to empower their clients who struggle with various health related issues to become more fulfilled and to believe the world can be changed. It's what DMF does and it's making our area a better place to live.

The selfless work of Dakota Medical Foundation brings hope and inspiration that, indeed, the world can be changed. Thank you to everyone who participated in the DMF's Giving Hearts day and joining together to DO MIGHTY THINGS. You're all the best!"

We are thankful for our donors who believe in the mission of FirstChoice Clinic and are willing to support it with their dollars. The success of Giving Hearts Day is only possible through YOU! Our humble and sincere thanks!

# VALLEY'S LARGEST *Baby Shower*

*Showers  
with  
Love*



**T**he 2nd Annual Valley's Largest Baby Shower was a resounding SUCCESS! Throughout the month of January, HUNDREDS of new baby items were dropped off at F/M Hornbacher locations and at Lake Region's Leever's County Market and Wally's Supermarket. KFNW AM1200 and FM97.9 did a tremendous job announcing the shower and encouraging local communities to team up with FirstChoice. We estimate that the drive generated 5000 diapers and other donated baby items— worth over \$7,000! Items collected will be distributed to families in need through FirstChoice Clinic's "Earn While You Learn" (EWYL) parenting program. By partnering with our community, we help parents be the best they can be!

"I have attended many EWYL appointments now and I have learned so much. Also have I not only learned it also helps me financially like with diapers, wipes and other baby supplies and such. Thank you so much for allowing me and others to attend the EWYL program, it helps and teaches many! Thanks and God Bless." *Tara, Client*

**"The ministry FirstChoice does is one that is near to my heart. I have kids in the nursery here that wouldn't be here if not for what you do. I have kids in my congregation wearing clothes from the EWYL program. I also have a young woman who had an abortion when she lived in the Twin Cities and is dealing with the pain and guilt from that. Thank you for what you do, and may God bless you!"**  
*Pastor Aaron Roberts*

## INVESTING IN THINGS THAT *Last Forever*

BY KIM WAGNER

**R**ecent headline news has been discouraging, to say the least. We hear of friends and family experiencing foreclosures, substantial stock market loss and job layoffs – not to mention people losing their homes and schools to flood waters.

I just finished reading Russ Crosson's book, *A Life Well Spent*. In it he discusses the difference between prosperity (the accumulation of goods on this earth) and posterity (the heritage we leave our children and the generations that come after us).

Crosson writes "Our financial decisions influence both the quality and quantity of time we have available to invest in the lives of our children. Ultimately it's our decision whether we use money to chase things that won't last, or invest in things that will last forever".

When individuals invest in FirstChoice Clinic, they are investing in something that will last. We are celebrating our 25th anniversary this year! We have seen 25 years of providing much needed education and services to those experiencing an unplanned pregnancy. As my co-worker, Susan Richard has stated, "Much prayer and sacrificial giving has sustained this clinic over the years." There will be generations of children coming after us due to the diligence of visionary people who believe that life is important and worth protecting.

These visionary people are everywhere and know the importance of supporting our work. They are found in businesses that choose to underwrite our fundraising events with large generous gifts. They are found in folks who volunteer to golf 100 holes in our annual golf marathon. And, they are also found in those who are unable to write the check, but daily pray for the work of FirstChoice Clinic.

We may never know the potential found in a life that was saved because a mother chose to carry her child after seeing an ultrasound at FirstChoice – but God does. Despite the uncertainty of the times, we can be assured that God has our days all figured out. Thank you for being a visionary and celebrating 25 years with FirstChoice Clinic!

*"We make a Living by what we get. We make a Life – by what we give." -Sir Winston Churchill*



# Thanks TO OUR SPECIAL FRIENDS



**From Cody Geffre, Hankinson Teens for Life Treasurer:**  
 "The Hankinson Teens for Life members would like you to accept a check for \$125. This year, instead of doing \$5.00 Christmas gift exchange, each member has donated their \$5 to your clinic. As members, we would rather see the money go to your patients. We believe that the money we have given will go to new mothers. We are thankful for the choice that they have made. So giving, this money is a thank you back to them for giving their child the breath of life."

**From the St. Gianna Catholic Daughters organization at St. Paul's Newman Center in Fargo:**  
 "FirstChoice Clinic does wonderful work in our community and state. We appreciate all that you do for those in need. We hope that our donation can help save another baby's life."

**Group from University of Mary tours clinic:**  
 Sr. Hannah Vanorny and several students involved with campus ministry at the University of Mary/Bismarck toured the clinic in mid March - "Going to FirstChoice Clinic was such a great experience! After meeting the staff members at FirstChoice, I know that the women who come to the clinic are in good hands!" (Sr. Hannah)



## Health Care Professional Workshop

Nurses, Physicians  
And Health Care Professionals

May 18 - 21  
Attend 1, 2, 3 or all 4 days

Cardinal Muench Seminary  
100 35th Ave. NE Fargo, ND

## 'A Return to Wholeness'

A Christian Approach to Holistic Sexual Health

## YEARLY Statistics

	2007	2008 FARGO	2008 DEVILS LAKE
Total Client Contacts	2088	2117	107
Preganancy Tests	381	409	14
Options Counseling	579	576	14
Ultrasounds	172	231	3
Earn While You Learn Sessions	449	534	69



Time • Talent • Treasure

## Spirit OF FARGO

Our heartfelt thanks to everyone for giving of their time, talent and treasure to battle the floods, ice and snow in North Dakota and Minnesota. Dakota Medical Foundation and Impact Foundation have established the Spirit of Fargo Flood Fund to support long term flood recovery in our community. To find ways to help our amazing community rebuild and recover and choose how you want to help go to [www.ImpactGiveBack.org](http://www.ImpactGiveBack.org) - Giveback with Impact!

## OneCallNow to pray for life!

OneCallNow to pray for Life!  
 "40 Days for Life" has an automated calling alert for when abortions are performed and asking for people to pray. To sign up for the OneCallNow you may do so by phone or e-mail:  
**Call:** 701.284.6601 or 701.356.7979 (Fargo)  
**E-mail:** [phc@polarcomm.com](mailto:phc@polarcomm.com)  
 (your phone number and name is required)

## LUTHERANS FOR LIFE DONATES

## Exam Table



The Fargo/Moorhead chapter of Lutherans for Life donated the proceeds of their fall dessert banquet to FirstChoice Clinic enabling the purchase of a new exam table. According to nurse manager Patti Killoran, "the new exam table is a wonderful addition to our clinic services and a generous gift - reflecting this organization's regard for Life."

If anyone is interested in seeing the clinic's updated client room with a new state of the art ultrasound machine (with fetal audio tones) and exam table, we'd love to give you a tour. Call for details! We love to "show off" the life changing work of FirstChoice and Make a Sound Choice.

#### IN CELEBRATION AND THANKSGIVING OF...

To honor special individuals, the following gifts were sent to FirstChoice Clinic...

##### **Dr. Bittner, Pam, and Luanne at the Devils Lake Clinic**

Given by: John and Linda Frelich

##### **Healthy Grandchildren**

Given by: Tom and Avis Klinkhammer

##### **Brett and Maretta Hendrickson, Kylee, Jacob, and Brady**

Given by: Christopher and Kristie Mahrer

##### **Jim and Judy Hoff's 50th Anniversary**

Given by: Wayne and Beth Hoff

##### **Connor Klocke's 5th Birthday**

Given by: John and Janet Klocke

##### **Marriage of Lucas and Lori Klocke**

Given by: John and Janet Klocke

##### **Birth of Nicholas John, son of Jill and Tom Moraghan**

Given by: John and Janet Klocke

##### **Ordination of Deacon Dave Opsahl**

Given by: Joe and Bev Miranowski

#### IN LOVING MEMORY OF...

The following individuals made memorial donations to FirstChoice Clinic in loving remembrance of...

##### **Eveleen Beddow**

Given by: Genevieve Hagan

##### **George and Delores Bingham**

Given by: Doris Klebe

##### **Dora Bingham**

Given by: Doris Klebe

##### **Marvin Blazer**

Given by: Wilford and Wilda Brown

##### **Evelyn Bolte**

Given by: Eva Fischer

##### **Susan Stenehjem Brown**

Given by: Patrick Brown

##### **Audrey Christianson**

Given by: Donald and Sandra Andersen

Given by: Roland and Jeanne Barchinger

Given by: George and Pauline Economon

Given by: Ed and Carol Herrmann

Given by: Charles and Rhonda Hoge

Given by: Rev. Thomas and Sara Marcis

Given by: Lynn and Arla Stroege

Given by: Rev. Al and Betty Thiem

Given by: Pastor Dave and Kim Wagner

##### **Bro. Clem**

Given by: Veronica Rode

##### **Herman Desautels**

Given by: Bernard and Mary Franzen Family

##### **Eleanor Durkee**

Given by: Wayne and Patti Hegseth

##### **Dorothy Ecklund**

Given by: Leslie and Brenda Trandem

##### **Bernice Erickson**

Given by: Wilford and Wilda Brown

##### **Alex Frelich**

Given by: Terry and Paula Haman

##### **Dan Garcia**

Given by: Joyce Kruckenberg

##### **William Gietzen**

Given by: Andrew and Monica Jacobson

##### **Mary Grassman**

Given by: Virginia Eisenzimmer

##### **Clifford Hendrickson**

Given by: Loraine Selid

##### **Baby Preston Heuer**

Given by: Wayne and Patti Hegseth

##### **Jane Honeyman**

Given by: Jon and Linda Morris

##### **Calvin Hornbacher**

Given by: Bev and Jerry Klein

##### **Pat Kirkeide**

Given by: John and Bernice Eberle

##### **Maria Faith Madson**

Given by: Scott and Cindy Hutchins

Given by: Ryan and Lori Mayer

Given by: Matt and Susan Noah

##### **Linda McCleery**

Given by: Elaine Nieland

##### **William G. (Bill) McShane**

Given by: Marie Rheault

##### **Palmer Nymark**

Given by: Phyllis Nymark

##### **Ray Olson**

Given by: Wilford and Wilda Brown

##### **Yvonne Richard**

Given by: David and Gloria Lee

##### **Irene Riedman**

Given by: Leo and Diane Wald

##### **Dorothy Ryan**

Given by: Lisa Cahoy

##### **Judy Sagaser**

Given by: Mike and Monica Siggerud

##### **John Sauer**

Given by: Paul and Vanessa Anderson

Given by: Chris Hoffarth

##### **James Savageau**

Given by: Jon and Linda Morris

##### **Peter Schifflner**

Given by: Gordon Bartholomay

##### **Pershing Sims**

Given by: John and Janet Klocke

##### **Geri Suderman**

Given by: Wilford and Wilda Brown

##### **Austin Swenby**

Given by: Aaron and April Swenby

##### **Cecilia Windjue**

Given by: Mary Frances Becker

#### SPECIAL THANKS TO...

##### **For donations to our Fargo boutique:**

Believers Fellowship Church, Catholic Daughters

- Court St Gerard of Valley City, Gloria Crosby,

Hankinson Trees for Life, Lisa Kieselbach,

Nativity School's 2nd Grade Class, ND Knights

of Columbus Ladies, Maren Ortmeyer, Seventh

Day Adventist Church, St. Andrew's - Bottineau

Right to Life Group, St. Mark's Catholic Church

- Bottineau, St. Peter's Lutheran Church Sunday

School Kids, St. Rose of Lima Catholic Church

- Hillsboro, Pastor Scott and Christy Sheets,

Riverside Evangelical Free Church - Mayville,

Naomi Toftam, Triumph Lutheran Brethren

Church - Moorhead, Curt and Pam Twedt, Tina

Tweeter - Parish Nurse Sewing Ministry at Blessed

Sacrament Catholic Church in West Fargo, YWCA,

Laura Tschudi of Visual Expressions and several

anonymous donations.

##### **LAKE REGION FIRSTCHOICE CLINIC**

##### **SPECIAL THANKS TO...**

**For boutique items:** Christine Alfonso, Beta Sigma

Phi Sorority, Gay Carlson, Curves - Linda Weber,

Dakota Baptist Church, Girl Scout Troop #746,

Connie Heisler, Pat Idland, Ashley Johnson, Nona

Johnson, New Life Fellowship Church - Pastor Jeff

Kapelle, River of Life Assembly of God, Florene

Rogne, St. Joseph's Catholic Church, St. Joseph's

School grades K-9, Darlene Schoenfish, Margaret

Shorey, Irene Steffan, Vincent Thomas.

Kristen Krein and Jessica Bittner Girl Scout Troop

746 for choosing FirstChoice for their charitable

project and donation.

Pastor Paul and Sarah Young from Dakota Baptist

Church, Fort Totten for their generous support.

New Life Fellowship Church (rural Hamar) for

distributing "Baby Shower" posters and clinic

information to area businesses.

#### MISSION

FirstChoice Clinic is a nonprofit Christian clinic providing education and health services to empower individuals to make life-affirming choices.

#### VALUES

The mission rests on a foundation of Christian values and guiding principles that drive our actions and influence the choices that we make in our day-to-day business operations:

- We uphold the sanctity of every human life which is core to our ministry.
- We uphold sexual integrity throughout life; saving sexual expression for marriage and faithfulness within marriage.
- We maintain a respect for marriage and family, recognizing this as a God-given institution.
- We reach out to those in need with love and compassion.
- We demonstrate integrity through professional, confidential and trusting relationships with our clients, the community and each other.
- We seek to demonstrate our faithfulness by being true to God in our day-to-day ministries.

FirstChoice Clinic (founded in 1984) is a 501(c)3 charitable organization, all contributions are tax deductible.

#### BOARD OF DIRECTORS

Marilyn Loegering - *President*

Jerry Kensok - *Vice President*

Jim Dunkel - *Treasurer*

Joy McCormick - *Secretary*

Spencer Berry, M.D.

Tracey Frei

Ellen Sondreal

Wade Sandy

#### CLINIC MEDICAL DIRECTORS

Richard Vetter, M.D. (Fargo)

Heidi Bittner, M.D. (Lake Region Center)

#### PROFESSIONAL VOLUNTEER

George Economon - *Special Projects Director*

#### ULTRASOUND IMAGING

Jan Carson, M.D.

Margo Ames, RDMS, RVT

Kim Rayl, RDMS

Jane Stein, RDMS

#### STAFF

*Administration*

Pauline Economon, RN, MSN, MA - *Executive Director*

Kim Wagner - *Outreach Director*

Susan Richard - *Special Events Coordinator*

Vicki Larson - *Family Life Coordinator*

Patti Alex - *Administrative Assistant*

Dorothy Flood - *Administrative Assistant*

*Client Services*

Patti Killoran, RN - *Nurse Manager*

Renae Setter, RN - *Staff Nurse*

Renee Johnson, RN - *Fertility Care Nurse*

Debra Roesler, RN - *Client Educator*

Tracey Frei - *Client Educator (volunteer)*

#### LAKE REGION CENTER

Pam Kenner, LPN - *Director*

Luanne Krein - *Administrative Assistant*

#### MAKE A SOUND CHOICE

Kay Kiefer, RN - *Director*

Heather Bjur, MA, LAMFT - *Field Supervisor*

Lora Miller - *Administrative Assistant*

Roberta Johnson, MSW - *Resource Coordinator*

Rebecca Meldinger - *Outreach Coordinator*

#### FIRSTCHOICE - FARGO

1351 Page Drive, Suite 205

Fargo ND 58103

701-237-6530

#### FIRSTCHOICE - LAKE REGION

1031 7th St. NE

4th Fl. - Mercy Hospital

P.O. Box 894

Devils Lake, ND 58301

701-662-2229

1-888-237-6530

[www.teamfirstchoiceclinic.com](http://www.teamfirstchoiceclinic.com)

[www.firstchoiceclinic.com](http://www.firstchoiceclinic.com)

[www.makeasoundchoice.com](http://www.makeasoundchoice.com)



**firstchoice**  
CLINIC

1351 Page Dr., Suite 205  
Fargo, ND 58103

**Address Service Requested**

[www.teamfirstchoiceclinic.com](http://www.teamfirstchoiceclinic.com)

**Client:**

701-237-6530  
Toll Free: 1-888-237-6530

**Administrative:**

701-237-5902  
Fax: 701-237-0363

**Make a Sound Choice:**

701-297-7548

**Fertility Care Services:**

701-237-5902

Nonprofit  
US Postage  
PAID  
Fargo, ND  
Permit #1674

# Celebrating 25 YEARS

We celebrate by reminding our friends and supporters of this milestone and seek your continued support – you make the critical difference in saving and changing lives!

## Possibly Soapy – but READY to Team Up to Golf

### Time to Hit the Links! 'FORE' LIFE

#### 15th Annual Golf Marathon June 2 ~ Rose Creek Golf Course

We are forming a fantastic team of golfers but we could still use YOU! Put your heart and your golf swing into action by collecting pledges and joining us for a fun-filled day of golfing 100 holes.

**2009 GOALS:**

Grow team to 40 golfers AND raise \$100,000 to support LIFE FIRST Program

For information contact Susan at 237-5902 or [susan@firstchoiceclinic.com](mailto:susan@firstchoiceclinic.com)

Our heartfelt thanks and prayers go out to area communities who bravely battled our recent flood concerns. What an amazing community we live in – those of us at FirstChoice are grateful to be a part of it. The flood has and will continue to impact so many lives! Now more than ever, we need to reach out to assist those dealing with an unplanned pregnancy.

We are making plans for our 15th Annual Golf Marathon that will be held on Tuesday, June 2 at Rose Creek Golf Course. Last year, our Golf Marathon team consisted of 30 golfers and 8 event partners AND this mighty group raised over \$74,000!

Our goals for 2009 are to increase the team to 40 golfers – and raise \$100,000 for our "Life First" program. This program will provide comprehensive counseling to each and every client by our professional nurses. These goals may seem daunting – but for "such a time as this"...we can team up together and make it a reality!

We need GOLFERS! We invite you to join the 2009 Golf Marathon team at FirstChoice Clinic. This marathon is an exciting event, combining a day of golf with a per hole pledge fundraising format. Golfers and event partners raise pledges on a per-hole basis, then go out and play 100 holes of golf in one day. It's an awesome day of fellowship – great people, food, prizes and fun! We have the Rose Creek Golf Course reserved and are praying for sunny days in the weeks ahead.