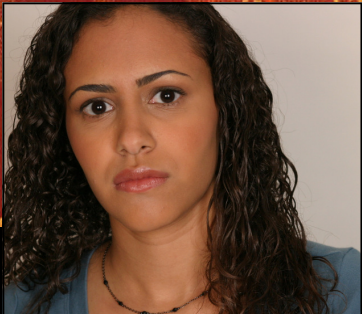


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ABORTION?

**YOU ARE
NOT ALONE...**



there IS
HOPE and
healing!

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RachelsVineyard.org

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POST-ABORTION TRAUMA SYMPTOMS

[may include]

- D**epression
- G**uilt
- I**ntense grief / sadness
- A**nger / rage
- E**motional numbness
- S**exual problems or promiscuity
- E**ating disorders
- L**owered self esteem
- D**rug and alcohol abuse
- N**ightmares and sleep disturbances
- S**uicidal urges
- D**ifficulty with relationships
- A**nxiety and panic attacks
- F**lashbacks
- M**ultiple abortions
- P**attern of repeat crisis pregnancy
- D**iscomfort around babies or pregnant women
- F**ear / ambivalence of pregnancy

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